



ALLERGEN GUIDE WINTER 2025

IMPORTANT ALLERGEN INFORMATION

We want all of our customers to feel relaxed eating at Zizzi so we take very seriously our responsibility towards looking after our guests with food allergies and dietary requirements. We proactively ask customers about allergies and have allocated allergen managers to ensure a safe process, from order through to serving. We also provide allergen filtering through Speedy order, our digital table ordering system.

This guide has been developed to help you make a safe and informed choice about our food but if you have any concerns, please talk to a member of staff, click on contact us on our website, or email feedback@zizzi.co.uk.

Please take some time to read the important information at the front of the guide and please tell us about your allergy before ordering. Please also remember to check this guide every time as our dish descriptions don't always mention every single ingredient and recipes do change from time to time.

Delivery

For Click & Collect and Delivery Orders, we can't currently cater for allergies or specific dietary requirements. Please come and visit one of our restaurants to order in person or dine in with us.

This allergen guide covers the 14 allergens specified by the EU Food Information Regulations*. It lists what allergenic ingredients are contained in each of our dishes and shows which are suitable for vegan and vegetarian diets.

Please bear in mind that our busy kitchens handle numerous ingredients and allergens. Whilst we have controls in place to reduce the risk of cross-contact, it is not possible for us to guarantee that any of our dishes will be allergen free.

Unfortunately, allergen segregation is not possible in our fryers and boilers. This is detailed in the allergen guide, so, please just check the comments on each dish before ordering. Please note our non-gluten pasta is always cooked separately to order. However, none of our dishes are gluten free so they may not be suitable for coeliacs.

Allergens contained within our condiments & extra toppings are not included in this information. So, the cheese offered at your table for example contains milk and will alter the suitability of your dish.

Our vegan dishes are made with care to a vegan recipe. However, due to cross contact at our suppliers and in our busy kitchens, these dishes are not necessarily suitable for those with allergies.

*** in accordance with the EU Food Information Regulations only cashew nuts, almonds, hazelnuts, walnuts, brazil nuts, pistachio nuts, macadamia nuts and pecan nuts are covered under the "nuts" column on our allergen guide therefore ingredients such as pine nuts (pine kernels) or chestnuts are not covered.**

Please bear in mind that due to the seriousness of allergies and food intolerances, our restaurant teams will not be able to help select dishes and they do not hold full ingredient information on any menu items. If you are unable to find a dish suitable for your dietary requirements, we advise you not to order. However, as you know more about your allergy than we do, we will leave it up to you if you want to proceed.

Alternatively, if you let our head office know your dietary requirements in advance of your visit they will try to help you with your dish choices. Drop us a note on our website.

We recognise that some people want to avoid many other food ingredients. We are committed to continually reviewing and improving our processes around allergies and dietary requirements and we are working on a solution that will enhance our ability to provide more detailed ingredient and allergen information in the near future.

FREQUENTLY ASKED QUESTIONS – ALLERGENS

Which are the 14 allergens covered within your allergen guide?

Celery, cereals containing gluten, crustaceans, egg, fish, lupin, milk, molluscs, mustard, peanuts, sesame, soya, sulphites and tree nuts.

Can you guarantee my food will be allergen free?

No, we can't guarantee that any of the dishes on our menu will be allergen free as our kitchens are busy places where we handle numerous ingredients and allergens. In addition, some of our ingredients come from suppliers who put 'may contain' warnings on their products. This is where the manufacturer believes that traces of allergens may be present.

Do you pass on supplier 'May Contain' warnings?

We do not currently carry across 'may contain' warnings from our suppliers. If you contact head office in advance of your visit they will be able to provide you with this information. Click on contact us on our website or email feedback@zizzi.co.uk. However, please bear in mind that our busy kitchens handle numerous ingredients and allergens. Whilst we have controls in place to reduce the risk of cross-contact, it is not possible for us to guarantee that any of our dishes will be allergen free.

Are you able to alter dishes to make it safe for my allergy?

As part of our allergen policy, we are unable to make modifications to dishes to remove allergens. Sometimes the allergen is hidden in ingredients such as stocks and sauces. Please use the allergen table to choose a dish that is suitable for you. However, you are welcome to remove ingredients or add suitable ingredients to dishes that don't contain the allergen you are trying to avoid.

How will I know that the dish served to me is suitable for my allergy?

Provided you make us aware of your allergy, we will take extra care preparing your dish and it will be brought to you by an Allergen Manager who will confirm your order. Dishes for allergen customers will be marked with a 'made with your allergy in mind' sticker on them, and non-gluten dishes will have a 'non gluten' sticker on them. Dishes for vegan customers will be marked with an 'I'm vegan, baby' sticker.

I'm allergic to dairy, can I use the vegan menu?

Our vegan dishes are made with care to a vegan recipe. However, due to cross-contact at our suppliers and in our busy kitchens, these dishes are not necessarily suitable for those with allergies. Please refer to the allergen tables.

I have a nut allergy. Which nuts are covered in the allergen guide?

In accordance with the EU Food Information Regulations only cashew nuts, almonds, hazelnuts, walnuts, brazil nuts, pistachio nuts, macadamia nuts and pecan nuts are covered under the "nuts" column on our allergen guide. Therefore ingredients such as pine nuts (pine kernels) or chestnuts are not covered.

I am Coeliac, what can I eat?

None of our dishes are gluten free but our classic pastas can be made with our non gluten containing fusilli. Our classic and rustica pizzas can also be made with our circular non-gluten containing base.

Is your non-gluten pasta cooked separately?

Yes, our non-gluten containing fusilli is cooked separately to order.

Which cheeses are pasteurised?

All of our cheeses are pasteurised.

Why are your lemons not suitable for vegans?

Some lemons are waxed to maintain their appearance. Waxes may be made from shellac or beeswax, which is not strictly vegan.

Is the cheese served at the table vegetarian?

Yes, the cheese served at your table is suitable for vegetarians.

| Menu Item Name | NIBBLES | | | | | | | | | | | | | | Suitable For? | | Comments | |
|---------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|---|
| | Does it contain? | | | | | | | | | | | | | | Vegetarian | Vegan | | |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | | | | |
| Complimentary Pasta crisp | | | | | | | | | | | | | | | | Yes | Yes | INGREDIENTS: Yellow Pea Flour, Potato Starch, Rice Flour, Cornflour, Salt, Colours (Curcumin, Annatto Norbixin), Brown Sugar (Sugar, Cane Molasses), Smoked Paprika, Sea Salt, Black Pepper, Garlic Powder, Cumin, Ginger, Colour (Paprika Extract). Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Pasta Crisps | Yes | | | | | | | | | | | | | | | Yes | Yes | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Little Soul breads | | Yes: Wheat | | | | | | | | | | | | | | Yes | Yes | |
| Cheeky Olives | | | | | | | | | | | | | | | | Yes | Yes | |

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| STARTERS | | | | | | | | | | | | | | | | | |
|---|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Garlic Bread | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | |
| Garlic Bread with Mozzarella | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Garlic Bread with Mozzarella & Caramelised Onions | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Cheesy Chilli Garlic Bread | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Garlic & Mozzarella Bombe | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Chorizo & Mozzarella Bombe | | Yes: Wheat | | | | | Yes | | | | | | | | | | |
| Pollo Fritti | | Yes: Barley, Wheat | | | | | Yes | | Yes | | | | | | | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Bruschetta | | Yes: Wheat | | | | | | | | | | | Yes | | Yes | Yes | |
| Add Fior di latte mozzarella | | | | | | | Yes | | | | | | | | Yes | | |
| Calamari Small | | | | | | | | Yes | Yes | | | | | | | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Calamari Large | | | | | | | | Yes | Yes | | | | | | | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Pork & Garlic Meatballs | | | | | | | Yes | | | | | | | | | | |
| Roasted Aubergine 'Meatballs' | | | | | | | | | | | | Yes | | | Yes | Yes | |
| Mushroom Brindisi | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| King Prawn Spiedini with Smoky Tomato Sauce | Yes | | Yes | | | | | | | | | | | | | | |

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| STARTERS | | | | | | | | | | | | | | | | | |
|--|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| King Prawn Spiedini with Garlic Sauce | | | Yes | | | | | | | | | | | | | | |
| Add Freshly Baked Bread | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | |
| Chicken Spiedini | | | | | | | | Yes | | | | | | | | | |
| Fonduta Formaggi | | Yes: Wheat | | Yes | | | Yes | | | | | | | | Yes | | |
| Mozzarella, Basil & tomato Arancini | Yes | | | | | | Yes | | | | | | | | Yes | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Take Away Only: Double Mozzarella, Basil & Tomato Arancini | Yes | | | | | | Yes | | | | | | | | Yes | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Burrata Caprese | | | | | | | Yes | | | | | | Yes | | Yes | | |
| Take Away Only: Chilli Chicken Wings 6 | | | | | | | | | | | | | | | | | |
| Take Away Only: Chilli Chicken Wings 12 | | | | | | | | | | | | | | | | | |
| SHARERS | | | | | | | | | | | | | | | | | |
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Favourites Board | Yes | Yes: Wheat | | | | | Yes | Yes | Yes | | | | Yes | | | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Fonduta Board | Yes | Yes: Wheat | | Yes | | | Yes | | Yes | | | | | | Yes | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Grande Antipasti | | Yes: Wheat | | | | | Yes | | | | | | Yes | | | | |
| Add Chicken Skewers | | | | | | | | | | | | | | | | | |
| Add Harissa King Prawn Skewers | | | Yes | | | | | | | | | | | | | | |

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| SALADS | | | | | | | | | | | | | | | | | |
|----------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Chicken & Prosciutto Salad | | | | Yes | | | Yes | | | | | | | | | | |
| Salmon & Avo Salad | | | | Yes | Yes | | Yes | | | | | | | | | | |
| Super Zucca Salad | | Yes: Barley, Wheat | | | | | | | | | | | Yes | | Yes | Yes | |
| Add Chicken Skewers | | | | | | | | | | | | | | | | | |
| Add King Prawn Skewer | | | Yes | | | | | | | | | | | | | | |
| Add Goat Cheese | | | | | | | Yes | | | | | | | | Yes | | |
| Add Burrata | | | | | | | Yes | | | | | | | | Yes | | |

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| MEAT, FISH & RISOTTO | | | | | | | | | | | | | | | | | |
|---|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Chicken Calabrese | Yes | | | | | | Yes | | | | | | | | | | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Beef Brisket & Vension Stufato | Yes | Yes: Wheat | | | | | Yes | | | | | | Yes | | | | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Roasted Mushroom Risotto | | | | | | | Yes | | | | | | | | Yes | | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Add Chicken Skewers | | | | | | | | | | | | | | | | | |
| Pan-Fried Sea bass | | | | | Yes | | | | | | | | | | | | |
| Chicken Milanese with Crispy Riserva Potatoes | | Yes: Wheat | | | | | Yes | | | | | Yes | | | | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Chicken Milanese with Chips | | Yes: Wheat | | | | | | | | | | Yes | | | | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Pan-Fried Salmon & Pesto Risotto | | | | | Yes | | Yes | | | | | | | | | | |
| Add Harissa King Prawn Skewers | | | Yes | | | | | | | | | | | | | | |

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| OUR RUSTICA PIZZA | | | | | | | | | | | | | | | | | |
|---|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Wagyu Royale With Burrata | | Yes: Wheat | | | | | Yes | | | | | | Yes | | | | |
| Pepperoni Campagna | | Yes: Wheat | | | | | Yes | | | | | | | | | | |
| Sticky Pig | | Yes: Wheat | | | | | Yes | | | | | Yes | | | | | |
| Piccante | | Yes: Wheat | | | | | Yes | | | | | | | | | | |
| Margherita | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Vegan Margherita | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | |
| Pure Pepperoni | | Yes: Wheat | | | | | Yes | | | | | | | | | | |
| Chicken And Fiery Roquito | | Yes: Wheat | | | | | Yes | | | | | | | | | | |
| Primavera | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Meat Sofia | | Yes: Wheat | | | | | Yes | | | | | | | | | | |
| Black Truffle Salami & Mushroom | | Yes: Wheat | | | | | Yes | | | | | Yes | | | | | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Pinoli | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Add torn chicken breast | | | | | | | | | | | | | | | | | |
| Aubergine 'Meatball' | | Yes: Wheat | | | | | | | | | | Yes | Yes | | Yes | Yes | |
| Take A way only: Double Cheese Rustica Margherita | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Take Away Only: Rustica Meat Feast | | Yes: Wheat | | | | | Yes | | | | | | | | | | |

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| PIZZA FRESCA | | | | | | | | | | | | | | | | | |
|--|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Add Prosciutto | | | | | | | | | | | | | | | | | |
| Verdura | | Yes: Wheat | | | | | Yes | | | | | | Yes | | Yes | | |
| Roast Pollo & Pesto | | Yes: Wheat | | | | | Yes | | | | | | | | | | |
| Harissa Gamberetto | | Yes: Wheat | Yes | | | | | | | | | | | | | | |
| NON-GLUTEN PIZZA | | | | | | | | | | | | | | | | | |
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Non-Gluten Pepperoni Campagna Pizza | | | | | | | Yes | | | | | | | | | | |
| Non-Gluten Piccante Pizza | | | | | | | Yes | | | | | | | | | | |
| Non-Gluten Margherita Pizza | | | | | | | Yes | | | | | | | | Yes | | |
| Non-Gluten Vegan Margherita Pizza | | | | | | | | | | | | | | | Yes | Yes | |
| Non-Gluten Pure Pepperoni Pizza | | | | | | | Yes | | | | | | | | | | |
| Non-Gluten Chicken And Fiery Roquito Pizza | | | | | | | Yes | | | | | | | | | | |
| Non-Gluten Primavera Pizza | | | | | | | Yes | | | | | | | | Yes | | |
| Non-Gluten Meat Sofia Pizza | | | | | | | Yes | | | | | | | | | | |
| Non-Gluten Black Truffle Salami & Mushroom Pizza | | | | | | | Yes | | | | | Yes | | | | | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Non-Gluten Pinoli Pizza | | | | | | | Yes | | | | | | | | Yes | | |

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| NON-GLUTEN PIZZA | | | | | | | | | | | | | | | | | |
|--|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Non-Gluten Aubergine 'Meatball' | | | | | | | | | | | | Yes | Yes | | Yes | Yes | |
| Non-Gluten Sticky Pig Pizza | | | | | | | Yes | | | | | Yes | | | | | |
| Take A way only: Double Cheese Non-Gluten Margherita Pizza | | | | | | | Yes | | | | | | | | Yes | | |
| Non-Gluten Wagyu Royale with Burrata Pizza | | | | | | | Yes | | | | | | Yes | | | | |
| Non-Gluten Verdura Fresca Pizza | | | | | | | Yes | | | | | | Yes | | Yes | | |
| Non-Gluten Roast Pollo & Pesto Fresca Pizza | | | | | | | Yes | | | | | | | | | | |
| Non-Gluten Harissa Gamberetto Fresca Pizza | | | Yes | | | | | | | | | | | | | | |
| Take A way Only: Non-Gluten Meat Feast Pizza | | | | | | | Yes | | | | | | | | | | |

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| CALZONE | | | | | | | | | | | | | | | | | |
|--------------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Calzone Carne Piccante | Yes | Yes: Wheat | | | | | Yes | | | | | | | | | | |
| Calzone Pollo Spinaci | Yes | Yes: Wheat | | | | | Yes | | | | | Yes | | | | | |
| CLASSIC PIZZA | | | | | | | | | | | | | | | | | |
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Double Mozzarella | | | | | | | Yes | | | | | | | | Yes | | |
| Classic Margherita Pizza | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Classic Vegan Margherita Pizza | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | |
| Classic Pepperoni Campagna | | Yes: Wheat | | | | | Yes | | | | | | | | | | |
| Classic Pinoli | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Add Chicken | | | | | | | | | | | | | | | | | |

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| SIDE | | | | | | | | | | | | | | | | | |
|---|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Garlic Bread with Mozzarella | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Garlic Bread with Mozzarella & Caramelised Onions | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Cheesy Chilli Garlic Bread | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Chips | | | | | | | | | | | | | | | Yes | Yes | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Take Away Only : Large chips | | | | | | | | | | | | | | | Yes | Yes | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Mixed Leaf Salad | | | | Yes | | | Yes | | | | | | | | Yes | | |
| Loaded Bolognese Chips | | | | | | | Yes | | | | | | | | | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Take Away Only: Pulled Pork La Bomba Chips | | | | | | | Yes | | | | | | | | | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Sweet Potato Fries | | | | | | | | | | | | | | | Yes | Yes | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Courgette Fritti | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Take Away only: Double Courgetti Fritti | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |

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| SIDE | | | | | | | | | | | | | | | | | |
|--|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Crispy Riserva Potatoes | | | | | | | Yes | | | | | | | | Yes | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Mac & Cheese | | Yes: Wheat | | Yes | | | Yes | | | | | | | | Yes | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Green Beans | | | | | | | | | | | | | | | Yes | Yes | |
| Take Away only: Mac & Cheese bites x5 | Yes | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Take Away only: Mac & Cheese bites x10 | Yes | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |

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| FRESH PASTA | | | | | | | | | | | | | | | | | |
|----------------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Crispy Prosciutto Carbonara | | Yes: Wheat | | Yes | | | Yes | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Slow-cooked Beef & Chianti Ragù | Yes | Yes: Wheat | | Yes | | | Yes | | | | | | Yes | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Piccante King Prawn Pasta | | Yes: Wheat | Yes | Yes | | | Yes | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Wagyu Meatballs Arrabbiata | | Yes: Wheat | | Yes | | | Yes | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Siciliana Salmon | | Yes: Wheat | | Yes | Yes | | Yes | | | | | | Yes | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Mushrooms & Truffle with Burrata | | Yes: Wheat | | Yes | | | Yes | | | | | | | | Yes | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |

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| CLASSIC PASTA | | | | | | | | | | | | | | | | | |
|-----------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|--|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Spaghetti Chorizo Carbonara | | Yes: Wheat | | Yes | | | Yes | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| King Prawn Linguine | Yes | Yes: Wheat | Yes | | Yes | | Yes | | | | | | Yes | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Casareccia Pollo Piccante | | Yes: Wheat | | | | | Yes | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Lentil Ragù | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Spaghetti Pomodoro | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Vegan Spaghetti Pomodoro | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Casareccia Pesto Rosso | | Yes: Wheat | | | | | Yes | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |

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| CLASSIC PASTA | | | | | | | | | | | | | | | | | |
|--|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Spaghetti Bolognese | | Yes: Wheat | | | | | | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Casareccia Pork & Garlic Meatballs | | Yes: Wheat | | | | | Yes | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Casareccia Della Casa | | Yes: Wheat | | | | | Yes | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Six Layer Lasagne | | Yes: Wheat | | Yes | | | Yes | | | | Yes | | | | | | |
| GO ALL OUT – bolognese, mozzarella & bechamel upgrade only | | Yes: Wheat | | Yes | | | Yes | | | | Yes | | | | | | |
| Take A way Only : Lasagne Go All Out | | Yes: Wheat | | Yes | | | Yes | | | | Yes | | | | | | |
| Vegan Rainbow Lasagne | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Kale is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Ravioli Di Capra | | Yes: Wheat | | Yes | | | Yes | | | | | | | | Yes | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |

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| NON-GLUTEN PREMIUM PASTA | | | | | | | | | | | | | | | | | |
|---|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|--|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Non-Gluten Mushrooms & Truffle with Burrata Pasta | | | | Yes | | | Yes | | | | | | | | Yes | | Non-Gluten pasta cooked separately to order. Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Non-Gluten Siciliana Salmon Pasta | | | | | Yes | | Yes | | | | | | Yes | | | | Non-Gluten pasta cooked separately to order. Kale is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Non-Gluten Piccante King Prawn Pasta | | | Yes | | | | Yes | | | | | | | | | | Non-Gluten pasta cooked separately to order. |
| Non-Gluten Slow-cooked Beef & Chianti Ragu | Yes | | | | | | Yes | | | | | | Yes | | | | Non-Gluten pasta cooked separately to order. Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Non-Gluten Crispy Prosciutto Carbonara | | | | Yes | | | Yes | | | | | | | | | | Non-Gluten pasta cooked separately to order. |
| Non-Gluten Wagyu Meatball Arrabbiata Pasta | | | | | | | Yes | | | | | | | | | | Non-Gluten pasta cooked separately to order. Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |

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| NON-GLUTEN CLASSIC PASTA | | | | | | | | | | | | | | | | | |
|---------------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|--|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Non-Gluten Chorizo Carbonara | | | | Yes | | | Yes | | | | | | | | | | Non-Gluten pasta cooked separately to order. |
| Non-Gluten King Prawn Pasta | Yes | | Yes | | Yes | | Yes | | | | | | Yes | | | | Non-Gluten pasta cooked separately to order. |
| Non-Gluten Pollo Piccante Pasta | | | | | | | Yes | | | | | | | | | | Non-Gluten pasta cooked separately to order. |
| Non-Gluten Pomodoro Pasta | | | | | | | Yes | | | | | | | | Yes | | Non-Gluten pasta cooked separately to order. |
| Non-Gluten Vegan Pomodoro Pasta | | | | | | | | | | | | | | | Yes | Yes | Non-Gluten pasta cooked separately to order. |
| Non-Gluten Pesto Rosso | | | | | | | Yes | | | | | | | | | | Non-Gluten pasta cooked separately to order. |
| Non-Gluten Bolognese | | | | | | | | | | | | | | | | | Non-Gluten pasta cooked separately to order. |
| Non-Gluten Vegan Lentil Ragu | | | | | | | | | | | | | | | Yes | Yes | Non-Gluten pasta cooked separately to order. |

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| MAFALDE PASTA | | | | | | | | | | | | | | | | | |
|---------------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|--|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Mafalde Chorizo Carbonara Pasta | | Yes: Wheat | | Yes | | | Yes | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Mafalde King Prawn Pasta | Yes | Yes: Wheat | Yes | Yes | Yes | | Yes | | | | | | Yes | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Mafalde Pollo Piccante Pasta | | Yes: Wheat | | Yes | | | Yes | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Mafalde Lentil Ragu | | Yes: Wheat | | Yes | | | | | | | | | | | Yes | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Mafalde Pomodoro Pasta | | Yes: Wheat | | Yes | | | Yes | | | | | | | | Yes | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Mafalde Pesto Rosso Pasta | | Yes: Wheat | | Yes | | | Yes | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Mafalde Bolognese Pasta | | Yes: Wheat | | Yes | | | | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |

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| DESSERTS | | | | | | | | | | | | | | | | | |
|---|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Salted Caramel Chocolate Brownie | | | | Yes | | | Yes | | | | | | | | Yes | | |
| Take Away Only: Salted Caramel Chocolate Brownie | | | | Yes | | | Yes | | | | | | | | Yes | | |
| Raspberry Collins Cheesecake | | | | | | | | | | | | | | | Yes | Yes | |
| Take Away Only: Raspberry Collins Cheesecake | | | | | | | | | | | | | | | Yes | Yes | |
| Warm Lemon Meringue Cookie | | Yes: Wheat | | Yes | | | Yes | | | | | Yes | | | Yes | | |
| Chocolate Melt | | | | Yes | | | Yes | | | | | Yes | | | Yes | | |
| Take Away Only: Chocolate Melt | | | | Yes | | | | | | | | Yes | | | Yes | | |
| Zillionaire's Fudge Cake | | Yes: Wheat | | | | | | | | | | Yes | | | Yes | Yes | |
| Twisted Affogato - Coffee Liqueur | | Yes: Wheat | | Yes | | | Yes | | | | | | | | | | |
| Honeycomb Cheesecake | | Yes: Wheat | | | | | Yes | | | | | Yes | | | Yes | | |
| Take Away Only: Honeycomb Cheesecake | | Yes: Wheat | | | | | Yes | | | | | Yes | | | Yes | | |
| Tiramisu | | Yes: Wheat | | Yes | | | Yes | | | | | | Yes | | Yes | | |
| Baked Lemon & Blackcurrant Cheesecake | | | | Yes | | | Yes | | | | | | | | Yes | | |
| Take Away Only: Baked Lemon & Blackcurrant Cheesecake | | | | Yes | | | Yes | | | | | | | | Yes | | |
| Chocolate Brownie Sundae | | Yes: Wheat | | Yes | | | Yes | | | | | Yes | | | Yes | | |
| Take Away Only: Mini Biscoff Doughnuts x3 | | Yes: Wheat | | Yes | | | Yes | | | | | Yes | | | Yes | | |
| Take Away Only: Mini Biscoff Doughnuts x8 | | Yes: Wheat | | Yes | | | Yes | | | | | Yes | | | Yes | | |

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| GELATOS | | | | | | | | | | | | | | | | | |
|--------------------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Vanilla Gelato | | | | | | | Yes | | | | | | | | Yes | | |
| Chocolate Gelato | | | | | | | Yes | | | | | | | | Yes | | |
| Vegan Salted Caramel Gelato | | | | | | | | | | | | Yes | | | Yes | Yes | |
| Sicilian Lemon & Ricotta Gelato | | | | | | | Yes | | | | | | | | Yes | | |
| Wild Strawberry & Panna Cotta Gelato | | | | | | | Yes | | | | | | | | Yes | | |
| Strawberry Sorbet | | | | | | | | | | | | | | | Yes | Yes | |

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| EXTRAS | | | | | | | | | | | | | | | | | |
|-----------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Caesar Dressing | | | | Yes | | | Yes | | | | | | | | Yes | | |
| Pea Shoots | | | | | | | | | | | | | | | Yes | Yes | |
| Avocado | | | | | | | | | | | | | | | Yes | Yes | |
| Bolognese | | | | | | | | | | | | | | | | | |
| Mushrooms | | | | | | | | | | | | | | | Yes | Yes | |
| Burrata | | | | | | | Yes | | | | | | | | Yes | | |
| Pomodoro Sauce | | | | | | | | | | | | | | | Yes | Yes | |
| Olives | | | | | | | | | | | | | | | Yes | Yes | |
| Fiery La Bomba | | | | | | | | | | | | | | | Yes | Yes | |
| Aubergine 'Meatballs' | | | | | | | | | | | | | | Yes | Yes | Yes | |
| Customer use only: Balsamic | | | | | | | | | | | | | | | Yes | Yes | |
| Candied Green Jalapenos | | | | | | | | | | | | | | | Yes | Yes | |
| Roquito Hot Honey | | | | | | | | | | | | | | | Yes | | |
| Wagyu Beef Meatballs | | | | | | | Yes | | | | | | | | | | |
| Customer use only: Salt | | | | | | | | | | | | | | | Yes | Yes | |
| Scamorza | | | | | | | Yes | | | | | | | | Yes | | |
| Sage | | | | | | | | | | | | | | | Yes | Yes | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Prawns | | | Yes | | | | | | | | | | | | | | |
| Pepperoni | | | | | | | | | | | | | | | | | |
| Lime Cordial 50ml | | | | | | | | | | | | | | | Yes | Yes | |
| Butternut | | | | | | | | | | | | | | | Yes | Yes | |
| Sunblush Baby Tomato | | | | | | | | | | | | | | | Yes | Yes | |
| Fire Roasted Peppers | | | | | | | | | | | | | | | Yes | Yes | |
| Pizza Olives | | | | | | | | | | | | | | | Yes | Yes | |
| Pinenuts | | | | | | | | | | | | | | | Yes | Yes | |

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| EXTRAS | | | | | | | | | | | | | | | | | | |
|---|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|------------|---------------|--|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | | |
| Pizza Sauce | | | | | | | | | | | | | | | Yes | Yes | | |
| Basil | | | | | | | | | | | | | | | Yes | Yes | | |
| Customer use only: Extra Virgin Olive Oil | | | | | | | | | | | | | | | Yes | Yes | | |
| Pesto | | | | | | | | | | | | | | | Yes | Yes | | |
| Fior di Latte | | | | | | | Yes | | | | | | | | Yes | | | |
| Torn Chicken Breast | | | | | | | | | | | | | | | | | | |
| Blackcurrant & Apple Squash 50ml | | | | | | | | | | | | | Yes | | Yes | Yes | | |
| Roquito Chilli Pearl | | | | | | | | | | | | | | | Yes | Yes | | |
| Oregano | | | | | | | | | | | | | | | Yes | Yes | | |
| Mascarpone | | | | | | | Yes | | | | | | | | Yes | | | |
| Wild Garlic Aioli | | | | | | | | | Yes | | | | | | Yes | Yes | | |
| Meringue | | | | Yes | | | | | | | | | | | Yes | | | |
| Honeycomb | | | | | | | | | | | | | | | Yes | Yes | | |
| Amarena Cherries | | | | | | | | | | | | | | | Yes | | | |
| Micro Red Basil | | | | | | | | | | | | | | | Yes | Yes | | |
| Spring Onion | | | | | | | | | | | | | | | Yes | Yes | | |
| Calamari | | | | | | | | Yes | | | | | | | | | | |
| Spicy Roquito Chillies | | | | | | | | | | | | | | | Yes | Yes | | |

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| Menu Item Name | EXTRAS | | | | | | | | | | | | | | | Comments | |
|---------------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|----------|-------|
| | Does it contain? | | | | | | | | | | | | | | Suitable For? | | |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | | Vegan |
| Tomato Ketchup | | | | | | | | Yes | | | | | | | Yes | Yes | |
| Chilli & Red Pepper Hummus | | | | | | | | | | | | | | | Yes | Yes | |
| Spinach | | | | | | | | | | | | | | | Yes | Yes | |
| Parsley | | | | | | | | | | | | | | | Yes | Yes | |
| Pulled Harissa Chicken Breast | | | | | | | | | | | | | | | | | |
| Orange Squash 50ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Vegan Mozzarisella | | | | | | | | | | | | | | | Yes | Yes | |
| Rocket | | | | | | | | | | | | | | | Yes | Yes | |
| Garlic Dip | | | | | | | | | | | | | | | Yes | Yes | |
| Pulled Pork | | | | | | | | | | | | | | | | | |
| Nduja | | | | | | | | | | | | | | | | | |
| Balsamic Onion | | | | | | | | | | | | | | | Yes | Yes | |
| Red Chillies | | | | | | | | | | | | | | | Yes | Yes | |
| Diced Chorizo | | | | | | | Yes | | | | | | | | | | |
| Customer use only: Black Pepper | | | | | | | | | | | | | | | Yes | Yes | |
| Riserva Cheese | | | | | | | Yes | | | | | | | | Yes | | |
| Mozzarella | | | | | | | Yes | | | | | | | | Yes | | |
| Goat Cheese | | | | | | | Yes | | | | | | | | Yes | | |
| Prosciutto | | | | | | | | | | | | | | | | | |
| Olive Oil | | | | | | | | | | | | | | | Yes | Yes | |
| Cotto Ham | | | | | | | | | | | | | | | | | |
| Customer use only: Chilli Oil | | | | | | | | | | | | | | | Yes | Yes | |
| Plum Baby Tomato | | | | | | | | | | | | | | | Yes | Yes | |
| Take Away Only: Duo of Dips | | | | | | | | | | | | | | | Yes | Yes | |
| Smoky Tomato Dip | Yes | | | | | | | | | | | | | | Yes | Yes | |
| Courgette | | | | | | | | | | | | | | | Yes | Yes | |
| Whipping Cream | | | | | | | Yes | | | | | | | | Yes | | |
| Smoked Garlic Oil | | | | | | | | | | | | | | | Yes | Yes | |
| Spianata | | | | | | | | | | | | | | | Yes | Yes | |
| Artichoke | | | | | | | | | | | | | | | Yes | Yes | |
| Rosemary | | | | | | | | | | | | | | | Yes | Yes | |

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| BAMBINI | | | | | | | | | | | | | | | | | |
|----------------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Kids Baby Tomato Topping | | | | | | | | | | | | | | | Yes | Yes | |
| Chilly Billy Ice Lolly | | | | | | | | | | | | | | | Yes | Yes | |
| Kids Green Beans | | | | | | | | | | | | | | | Yes | Yes | |
| Kids Flawsome Apple and Cherry | | | | | | | | | | | | | | | Yes | Yes | |
| Kids Flawsome Sweet Apple | | | | | | | | | | | | | | | Yes | Yes | |
| Carrot, Cucumber & Soul Bread | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | |
| Carrot, Cucumber & Pasta Crisps | | | | | | | | | | | | | | | Yes | Yes | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Kids Pizza Margherita | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Kids Vegan Pizza Margherita | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | |
| Kids Non-Gluten Margherita Pizza | | | | | | | Yes | | | | | | | | Yes | | |
| Kids Non-Gluten Vegan Margherita | | | | | | | | | | | | | | | Yes | Yes | |
| Kids Non-Gluten Pizza Base Only | | | | | | | | | | | | | | | Yes | Yes | |
| Kids Ham Topping | | | | | | | | | | | | | | | | | |
| Kids Pepperoni Topping | | | | | | | | | | | | | | | | | |
| Kids Olives Topping | | | | | | | | | | | | | | | Yes | Yes | |
| Kids Spinach Topping | | | | | | | | | | | | | | | Yes | Yes | |
| Kids Chicken Topping | | | | | | | | | | | | | | | | | |
| Kids Mozzarella Topping | | | | | | | Yes | | | | | | | | Yes | | |
| Kids Mushroom Topping | | | | | | | | | | | | | | | Yes | Yes | |
| Kids Roasted Peppers Topping | | | | | | | | | | | | | | | Yes | Yes | |

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| BAMBINI | | | | | | | | | | | | | | | | | |
|----------------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|--|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Kids Penne Pomodoro | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Kids Spaghetti Pomodoro | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Kids Pomodoro Pasta Twists | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Kids Non-Gluten Pomodoro Pasta | | | | | | | | | | | | | | | Yes | Yes | Non-Gluten pasta cooked separately to order. |
| Kids Penne Cheese Sauce | | Yes: Wheat | | Yes | | | Yes | | | | | | | | Yes | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Kids Spaghetti Cheese Pasta | | Yes: Wheat | | Yes | | | Yes | | | | | | | | Yes | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Kids Cheese Pasta Twist | | Yes: Wheat | | Yes | | | Yes | | | | | | | | Yes | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Kids Non-Gluten Cheese Pasta | | | | Yes | | | Yes | | | | | | | | Yes | | Non-Gluten pasta cooked separately to order. |
| Kids Penne Bolognese | | Yes: Wheat | | | | | | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Kids Spaghetti Bolognese | | Yes: Wheat | | | | | | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Kids Bolognese Pasta Twists | | Yes: Wheat | | | | | | | | | | | | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Kids Non-Gluten Bolognese Pasta | | | | | | | | | | | | | | | | | Non-Gluten pasta cooked separately to order. |
| Kids Penne Vegan Lentil Ragu | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Kids Spaghetti Vegan Lentil Ragu | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |

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| BAMBINI | | | | | | | | | | | | | | | | | |
|--|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Kids Vegan Lentil Ragu Pasta Twist | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Kids Non-Gluten Vegan Lentil Ragu | | | | | | | | | | | | | | | Yes | Yes | Non-Gluten pasta cooked separately to order. |
| Kids Sweet Potato Fries | | | | | | | | | | | | | | | Yes | Yes | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Kids Chips | | | | | | | | | | | | | | | Yes | Yes | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Kids Vanilla Gelato | | | | | | | Yes | | | | | | | | Yes | | |
| Kids Chocolate Gelato | | | | | | | Yes | | | | | | | | Yes | | |
| Kids Sugar Cones, Chocolate & Salted Caramel Sauce (No Gelato) | | Yes: Wheat | | | | | Yes | | | | | Yes | | | Yes | | |
| Mini Cones Only | | Yes: Wheat | | | | | | | | | | Yes | | | Yes | Yes | |
| Kids Fruit Pot | | | | | | | | | | | | | | | Yes | Yes | |
| Kids Chocacino | | | | | | | Yes | | | | | | | | Yes | | |
| Kids Oat Chocacino | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Tiny Tummies Little Soul Bread | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | |
| Tiny Spaghetti Pomodoro | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Tiny Penne Pomodoro | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Tiny Non-Gluten Pomodoro Pasta | | | | | | | | | | | | | | | Yes | Yes | Non-Gluten pasta cooked separately to order. |
| Kids Milk | | | | | | | Yes | | | | | | | | Yes | | |
| Kids Oat Milk | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Apple & Blackcurrant Squash | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Orange Squash | | | | | | | | | | | | | Yes | | Yes | Yes | |

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| Menu Item Name | WINES | | | | | | | | | | | | | | | Comments | |
|-----------------------------------|------------------|---------------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|----------|-------|
| | Does it contain? | | | | | | | | | | | | | | Suitable For? | | |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | | Vegan |
| Trebbiano 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Merlot 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Organic Craft Primitivo 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Malbec 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Trebbiano 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Pinot Grigio Blush Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Montepulciano 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Organic Craft Chardonnay 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Zinfandel Blush 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Zinfandel Blush 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Pinot Grigio Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Sauvignon Blanc, St Clair 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Pinot Grigio 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Nero D'Avola Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Trebbiano 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Sauvignon Blanc, St Clair 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Malbec 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Malbec 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Zinfandel Blush Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Sauvignon Blanc, Veneto 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Pinot Grigio 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |

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| WINES | | | | | | | | | | | | | | | | | |
|----------------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Montepulciano 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Organic Craft Chardonnay 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Pinot Grigio Blush 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Organic Craft Primitivo 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Nero D'Avola 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Montepulciano Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Malbec Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Sauvignon Blanc, Veneto 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Merlot Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Organic Craft Primitivo 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Trebbiano Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Merlot 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Montepulciano 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Nero D'Avola 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Sauvignon Blanc, St Clair 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Merlot 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Pinot Grigio Blush 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Organic Craft Primitivo Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Pinot Grigio 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Organic Craft Chardonnay Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Organic Craft Chardonnay 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Sauvignon Blanc, Veneto Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Zinfandel Blush 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Nero D'Avola 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Sauvignon Blanc, Veneto 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Pinot Grigio Blush 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Sauvignon Blanc, St Clair Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |

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| FIZZ & BUBBLES | | | | | | | | | | | | | | | | | |
|--|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|--------------------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Prosecco Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Pink Prosecco Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Pink Prosecco 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Prosecco 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| BEER & CIDER | | | | | | | | | | | | | | | | | |
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Peroni Gluten Free | | Yes: Barley | | | | | | | | | | | | | Yes | Yes | Gluten-Free Barley |
| Peroni Zero | | Yes: Barley | | | | | | | | | | | | | Yes | Yes | |
| Peroni 330ml | | Yes: Barley | | | | | | | | | | | | | Yes | Yes | |
| Peroni 660ml | | Yes: Barley | | | | | | | | | | | | | Yes | Yes | |
| Meantime Anytime Ipa | | Yes: Barley | | | | | | | | | | | | | Yes | Yes | |
| Hophead | | Yes: Barley | | | | | | | | | | | | | Yes | Yes | |
| Cornish Orchards Raspberry & Elderflower Cider | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Peroni Gran Riserva | | Yes: Barley | | | | | | | | | | | | | Yes | Yes | |
| Cornish Orchards Gold Cider | | | | | | | | | | | | | Yes | | Yes | Yes | |

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| SIGNATURE COCKTAILS | | | | | | | | | | | | | | | | | |
|------------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Limoncello Spritz | | | | | | | | | | | | | | | Yes | | |
| Tiramisu Espresso Martini | | Yes: Wheat | | Yes | | | Yes | | | | | | | | Yes | | |
| Lemon Drizzle Martini | | | | Yes | | | Yes | | | | | | | | Yes | | |
| Rum Forest Rum | | | | | | | | | | | | | | | Yes | Yes | |
| Morello Cherry Sour | | | | | | | | | | | | | | | Yes | | |
| Amalfi Sundown | | | | | | | | | | | | | | | Yes | | |
| Pineapple Spritz | | | | | | | | | | | | | | | Yes | Yes | |
| CLASSIC COCKTAILS | | | | | | | | | | | | | | | | | |
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Pineapple & Citrus Rum Punch | | | | | | | | | | | | | | | Yes | Yes | |
| Sipsmith G&T | | | | | | | | | | | | | | | Yes | Yes | |
| Passion Fruitini | | | | | | | | | | | | | | | Yes | Yes | |
| Raspberry Mojito | | | | | | | | | | | | | | | Yes | Yes | |
| Strawberry Daiquiri | | | | | | | | | | | | | | | Yes | Yes | |
| Aperol Spritz | | | | | | | | | | | | | Yes | | Yes | Yes | |

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| MOCKTAILS & SOFT DRINKS | | | | | | | | | | | | | | | | | |
|--|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Raspberry & Mint Cooler | | | | | | | | | | | | | | | Yes | Yes | |
| Strawberry Sparkler | | | | | | | | | | | | | | | Yes | Yes | |
| Pineapple & Citrus Refresher | | | | | | | | | | | | | | | Yes | Yes | |
| Morello Cherry Refresher | | | | | | | | | | | | | | | Yes | | |
| White Peach & Raspberry Refresher | | | | | | | | | | | | | | | Yes | Yes | |
| Passion Fruit Sparkler | | | | | | | | | | | | | | | Yes | Yes | |
| Hip Pop Strawberry & Pineapple | | | | | | | | | | | | | | | Yes | Yes | |
| Hip Pop Kombucha Apple & Elderflower | | | | | | | | | | | | | | | Yes | Yes | |
| Trip Mindful Blend Blood Orange & Rosemary | | | | | | | | | | | | | | | Yes | Yes | |
| Original Tonic | | | | | | | | | | | | | | | Yes | Yes | |
| Blood Orange & Elderflower Tonic | | | | | | | | | | | | | | | Yes | Yes | |
| Roasted Pineapple Soda | | | | | | | | | | | | | | | Yes | Yes | |
| Pink Grapefruit Soda | | | | | | | | | | | | | | | Yes | Yes | |
| Ginger Ale | | | | | | | | | | | | | | | Yes | Yes | |
| San Pellegrino Lemon | | | | | | | | | | | | | | | Yes | | |
| San Pellegrino Blood Orange | | | | | | | | | | | | | | | Yes | | |

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| MOCKTAILS & SOFT DRINKS | | | | | | | | | | | | | | | | | |
|--|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|--------------------------------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Coke | | | | | | | | | | | | | | | Yes | | Vegan? Ask for no lemon slice. |
| Take away Only: Coke | | | | | | | | | | | | | | | Yes | Yes | |
| Diet Coke | | | | | | | | | | | | | | | Yes | | Vegan? Ask for no lemon slice. |
| Take Away Only: Diet Coke | | | | | | | | | | | | | | | Yes | Yes | |
| Coke Zero | | | | | | | | | | | | | | | Yes | | Vegan? Ask for no lemon slice. |
| Take Away Only: Coke Zero | | | | | | | | | | | | | | | Yes | Yes | |
| Sprite Zero | | | | | | | | | | | | | | | Yes | | Vegan? Ask for no lemon slice. |
| Take Away Only: Sprite Zero | | | | | | | | | | | | | | | Yes | Yes | |
| Sicilian Still Lemonade | | | | | | | | | | | | | | | Yes | | |
| Appletiser | | | | | | | | | | | | | | | Yes | Yes | |
| Apple Juice | | | | | | | | | | | | | | | Yes | Yes | |
| Orange Juice | | | | | | | | | | | | | | | Yes | | |
| Flawsome Apple & Ruhbarb | | | | | | | | | | | | | | | Yes | Yes | |
| Flawsome Apple & Sour Cherry | | | | | | | | | | | | | | | Yes | Yes | |
| Belu Water Still Small | | | | | | | | | | | | | | | Yes | | Vegan? Ask for no lemon slice. |
| Take Away Only: Belu Water Still Small | | | | | | | | | | | | | | | Yes | Yes | |
| Belu Still Water Large | | | | | | | | | | | | | | | Yes | | Vegan? Ask for no lemon slice. |
| Belu Sparkling Water Small | | | | | | | | | | | | | | | Yes | | Vegan? Ask for no lemon slice. |
| Take Away Only: Belu Sparkling Water Small | | | | | | | | | | | | | | | Yes | Yes | |
| Belu Sparkling Water Large | | | | | | | | | | | | | | | Yes | | Vegan? Ask for no lemon slice. |

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| SPIRITS | | | | | | | | | | | | | | | | | |
|-----------------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Sipsmith Freeglider 25 ml | | | | | | | | | | | | | | | Yes | Yes | |
| Gin Half Crown 25ML | | | | | | | | | | | | | | | Yes | Yes | |
| Tequila 25 ml | | | | | | | | | | | | | | | Yes | Yes | |
| White Rum – Calados 25ML | | | | | | | | | | | | | | | Yes | Yes | |
| Malfy Con Aranciata 25ml | | | | | | | | | | | | | | | Yes | Yes | |
| Frangelico 50ML | | | | | | | | | | | | | | | | | |
| Baileys 100ML | | | | | | | Yes | | | | | | | | Yes | | |
| Respirited Vodka 25ml | | | | | | | | | | | | | | | Yes | Yes | |
| Frangelico 25ML | | | | | | | | | | | | | | | | | |
| Baileys 50ML | | | | | | | Yes | | | | | | | | Yes | | |
| Jack Daniels 50ML | | | | | | | | | | | | | | | Yes | Yes | |
| Dead Mans Fingers Spiced Rum 25ml | | | | | | | | | | | | | | | Yes | Yes | |
| Aluna Coffee 25ml | | | | | | | | | | | | | | | Yes | Yes | |
| Kahlua 50ml | | | | | | | | | | | | | | | | | |
| Aluna Peach 50ml | | | | | | | | | | | | | | | Yes | Yes | |
| White Rum – Calados 50ML | | | | | | | | | | | | | | | Yes | Yes | |
| Amaretto 50ML | | | | | | | | | | | | | | | Yes | Yes | |
| Aperol 25ML | | | | | | | | | | | | | | | Yes | Yes | |
| Sipsmith London Dry Gin 50ml | | | | | | | | | | | | | | | Yes | Yes | |
| Respirited Vodka 50ml | | | | | | | | | | | | | | | Yes | Yes | |
| Grey Goose Vodka 25ml | | | | | | | | | | | | | | | Yes | Yes | |
| Aperol 50ML | | | | | | | | | | | | | | | Yes | Yes | |

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| SPIRITS | | | | | | | | | | | | | | | | | |
|-----------------------------------|------------------|---------------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Sipsmith London Dry Gin 25ml | | | | | | | | | | | | | | | Yes | Yes | |
| Sipsmith Freeglider 50 ml | | | | | | | | | | | | | | | Yes | Yes | |
| Archers 25ML | | | | | | | | | | | | | | | Yes | Yes | |
| Jack Daniels 25ML | | | | | | | | | | | | | | | Yes | Yes | |
| Kahlua 25ml | | | | | | | | | | | | | | | | | |
| Vodka – Red Griffin 50ML | | | | | | | | | | | | | | | Yes | Yes | |
| Gin Half Crown 50ML | | | | | | | | | | | | | | | Yes | Yes | |
| Jamesons Irish Whiskey 25ml | | | | | | | | | | | | | | | Yes | Yes | |
| Limoncello 25ML | | | | | | | | | | | | | | | Yes | Yes | |
| Limoncello 50ML | | | | | | | | | | | | | | | Yes | Yes | |
| Spiced Rum 50ML | | | | | | | | | | | | | | | Yes | Yes | |
| Amaretto 25ML | | | | | | | | | | | | | | | Yes | Yes | |
| Aluna Peach 25ml | | | | | | | | | | | | | | | Yes | Yes | |
| Archers 50ML | | | | | | | | | | | | | | | Yes | Yes | |
| Vodka – Red Griffin 25ML | | | | | | | | | | | | | | | Yes | Yes | |
| Spiced rum 25ml | | | | | | | | | | | | | | | Yes | Yes | |
| Tequila 50 ml | | | | | | | | | | | | | | | Yes | Yes | |
| Dead Mans Fingers Spiced Rum 50ml | | | | | | | | | | | | | | | Yes | Yes | |
| Jamesons Irish Whiskey 50ml | | | | | | | | | | | | | | | Yes | Yes | |
| Grey Goose Vodka 50ml | | | | | | | | | | | | | | | Yes | Yes | |
| Aluna Coffee 50ml | | | | | | | | | | | | | | | Yes | Yes | |
| Malfy Con Aranciata 50ml | | | | | | | | | | | | | | | Yes | Yes | |

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| COFFEE | | | | | | | | | | | | | | | | | |
|-----------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Hot Chocolate | | | | | | | Yes | | | | | | | | Yes | | |
| Latte | | | | | | | Yes | | | | | | | | Yes | | |
| Oat Americano | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Oat Mocha | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Oat Decaf Flat White | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Oat Decaf Latte | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Macchiato | | | | | | | Yes | | | | | | | | Yes | | |
| Double Espresso | | | | | | | | | | | | | | | Yes | Yes | |
| Single Espresso | | | | | | | | | | | | | | | Yes | Yes | |
| Black Americano | | | | | | | | | | | | | | | Yes | Yes | |
| Decaf Black Americano | | | | | | | | | | | | | | | Yes | Yes | |
| Oat Latte | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Oat Decaf Macchiato | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Cappuccino | | | | | | | Yes | | | | | | | | Yes | | |
| Oat Cappuccino | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Flat White | | | | | | | Yes | | | | | | | | Yes | | |
| Decaf Cappuccino | | | | | | | Yes | | | | | | | | Yes | | |
| Oat Macchiato | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Decaf Macchiato | | | | | | | Yes | | | | | | | | Yes | | |

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| COFFEE | | | | | | | | | | | | | | | | | |
|-----------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Oat Hot Chocolate | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Sugar Stick | | | | | | | | | | | | | | | Yes | Yes | |
| Decaf Mocha | | | | | | | Yes | | | | | | | | Yes | | |
| Decaf Double Espresso | | | | | | | | | | | | | | | Yes | Yes | |
| Decaf Single Espresso | | | | | | | | | | | | | | | Yes | Yes | |
| Oat Decaf Mocha | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Decaf Latte | | | | | | | Yes | | | | | | | | Yes | | |
| Sub Oat Milk | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Decaf Flat White | | | | | | | Yes | | | | | | | | Yes | | |
| Decaf Americano | | | | | | | Yes | | | | | | | | Yes | | |
| Mocha | | | | | | | Yes | | | | | | | | Yes | | |
| Americano | | | | | | | Yes | | | | | | | | Yes | | |
| Oat Flat White | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Oat Decaf Cappuccino | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| Oat Decaf Americano | | Yes: Oats | | | | | | | | | | | | | Yes | Yes | |
| TEA | | | | | | | | | | | | | | | | | |
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Pure Green | | | | | | Yes | | | | | | | | | Yes | | |
| Peppermint | | | | | | Yes | | | | | | | | | Yes | | |
| Earl Grey | | | | | | Yes | | | | | | | | | Yes | | |
| English Breakfast | | | | | | Yes | | | | | | | | | Yes | | |
| Fresh Mint Tea | | | | | | | | | | | | | | | Yes | Yes | |

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| SPECIALS | | | | | | | | | | | | | | | | | |
|-------------------------------|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Sparkling Pinot Grigio Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Grey Goose Limoncello fizz | | | | | | | | | | | | | | | Yes | | |
| Sipsmith Strawberry Gin 50ml | | | | | | | | | | | | | | | Yes | Yes | |
| Pinot Noir Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Frascati 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Pinot Noir 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Pinot Noir 250ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Sipsmith Strawberry Gin 25ml | | | | | | | | | | | | | | | Yes | Yes | |
| Frascati 175ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Frascati Bottle | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Italian Paloma | | | | | | | | | | | | | | | Yes | Yes | |
| Cotes De Provence 125ml | | | | | | | | | | | | | Yes | | | | |
| Pinot Noir 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Frascati 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Grey Goose Vodka & Tonic | | | | | | | | | | | | | | | Yes | | Vegan? Ask for no lemon slice. |
| Cotes De Provence 175ml | | | | | | | | | | | | | Yes | | | | |
| Strawberry Aperol Spritz | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Sparkling Pinot Grigio 125ml | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Cotes De Provence 250ml | | | | | | | | | | | | | Yes | | | | |
| Campari Elderflower Tonic | | | | | | | | | | | | | | | Yes | Yes | |
| Wild Garlic & Pesto Bombe | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Herb Rolled Pork Belly | | | | | | | | | | | | | | | | | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Rustica Harissa Lamb | | Yes: Wheat | | | | | Yes | | | | | | Yes | | | | |
| Garlic & Nduja Bombe | | Yes: Wheat | | | | | Yes | | | | | | | | | | |
| Non-Gluten Harissa Lamb Pizza | | | | | | | Yes | | | | | | Yes | | | | |

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| SPECIALS | | | | | | | | | | | | | | | | | |
|--|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|----------|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Triple Chocolate Bomba | | Yes: Wheat | | Yes | | | Yes | | | | | Yes | | | Yes | | |
| Take Away Only: Triple Chocolate Bomba | | Yes: Wheat | | Yes | | | Yes | | | | | Yes | | | Yes | | |
| Goodrays Raspberry & Guava | | | | | | | | | | | | Yes | | | Yes | Yes | |
| Blackcurrant & Mascarpone Gelato | | | | | | | Yes | | | | | | | | Yes | | |
| Goodrays Passion Fruit & Pomelo | | | | | | | | | | | | Yes | | | Yes | Yes | |
| Lemon Meringue Sundae | | Yes: Wheat | | Yes | | | Yes | | | | | | | | Yes | | |
| White Chocolate & Raspberry Tiramisu | | Yes: Wheat | | Yes | | | Yes | | | | | Yes | | | Yes | | |
| Humble Warrior Mango Turmeric | | | | | | | | | | | | | | | Yes | Yes | |
| Humble Warrior Pineapple Ginger | | | | | | | | | | | | | | | Yes | Yes | |
| Out of restaurant only: White Chocolate & Raspberry Tiramisu | | Yes: Wheat | | Yes | | | Yes | | | | | Yes | | | Yes | | |
| Vegan Meatless Meatballs | Yes | | | | | | | | | | | Yes | | | Yes | Yes | |
| Take Away Only: Zillionaire Cookie Dough | | Yes: Wheat | | Yes | | | Yes | | | | | Yes | | | Yes | | |
| Cote De Provence Bottle | | | | | | | | | | | | | Yes | | | | |
| TAKE AWAY DRINK | | | | | | | | | | | | | | | | | |
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Served - Peach Hard Seltzer | | | | | | | | | | | | | | | Yes | Yes | |
| Served - Raspberry Hard Seltzer | | | | | | | | | | | | | | | Yes | Yes | |

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| CHRISTMAS SPECIALS | | | | | | | | | | | | | | | | | |
|---|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Pig in blanket Bombe | | Yes: Wheat | | | | | Yes | | | | | | | | | | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Cromer Crab Arancini | | | Yes | | | | Yes | | Yes | | | | | | | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Take Away Only: Double Cromer Crab Arancini | | | Yes | | | | Yes | | Yes | | | | | | | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Venison Pepperoni & Hot Honey Rustica | | Yes: Wheat | | | | | Yes | | | | | | Yes | | | | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Non-Gluten Venison Pepperoni & Hot Honey Pizza | | | | | | | Yes | | | | | | Yes | | | | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Beef Short Rib Wellington | | Yes: Wheat | | | | | Yes | | | | | | Yes | | | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Lobster Mafaldine with King Prawn Spiedini | Yes | Yes: Wheat | Yes | Yes | Yes | | Yes | | | | | | Yes | | | | Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk, Sulphites. |
| Non-Gluten Lobster pasta with King Prawn Spiedini | Yes | | Yes | | Yes | | Yes | | | | | | Yes | | | | Non-Gluten pasta cooked separately to order. |

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| CHRISTMAS SPECIALS | | | | | | | | | | | | | | | | | |
|---|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Italian Xmas Vegan Gnocchi | Yes | Yes: Wheat | | | | | | | | | | | Yes | | Yes | Yes | Kale is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Zizzi-Style Pigs in Blankets | | | | | | | Yes | | | | | | | | | | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Take Away Only: Double Zizzi Style Pigs in Blankets | | | | | | | Yes | | | | | | | | | | Sage is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| + Red Wine Jus | | | | | | | Yes | | | | | | Yes | | | | |
| Giant Festive Profiterole | | Yes: Wheat | | Yes | | | Yes | | | | | | | | Yes | | |
| Blood Orange Aperol Fizz | | | | | | | | | | | | | Yes | | Yes | Yes | |
| Blood Orange Bauble sparkler | | | | | | | | | | | | | | | Yes | | |

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| JANUARY SPECIALS & VALENTINE'S SHARERS 2025 | | | | | | | | | | | | | | | | | |
|--|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Goat's Cheese & Hot Honey Bombe | | Yes: Wheat | | | | | Yes | | | | | | | | Yes | | |
| Calzone La Bomba | Yes | Yes: Wheat | | | | | Yes | | | | | | | | | | |
| Bold Bean Butter Bean Stufato | | Yes: Wheat | | | | | | | | | | | | | Yes | Yes | Kale is fried in a fryer with potential cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Black Forest Fondant | | Yes: Oats | | Yes | | | Yes | | | | Yes | | | Yes | | | |
| A Taste of Italy (Valentine's Sharing Starter) | | Yes: Wheat | | | | | Yes | | | | | | Yes | | | | |
| Three Indulgent Treats (Valentine's Sharing Dessert) | | Yes: Wheat | | Yes | | | Yes | | | | Yes | | | Yes | | | |
| Pink Bomboloni x3 | | Yes: Wheat | | Yes | | | Yes | | | | Yes | | | Yes | | | |
| Pink Bomboloni x9 | | Yes: Wheat | | Yes | | | Yes | | | | Yes | | | Yes | | | |

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| SPRING SPECIALS | | | | | | | | | | | | | | | | | |
|---|------------------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|---------------|-------|---|
| Menu Item Name | Does it contain? | | | | | | | | | | | | | | Suitable For? | | Comments |
| | Celery | Cereals Containing Gluten | Crustaceans | Egg | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Soya | Sulphites | Tree Nuts | Vegetarian | Vegan | |
| Cromer Crab Arancini | | | Yes | | | | Yes | | | | | | | | | | Potential fryer oil cross-contact with Gluten (Barley, Wheat), Milk, Molluscs, Crustaceans. |
| Harissa Lamb Arrabbiata | | Yes: Wheat | | Yes | | | Yes | | | | | | Yes | | | | |
| Non-Gluten Harissa Lamb Arrabbiata | | | | | | | Yes | | | | | | Yes | | | | |
| Lemon Cookie Sundae | | Yes: Wheat | | Yes | | | Yes | | | | | Yes | | | Yes | | |
| Out of Restaurant Only: Lemon Cookie x3 | | Yes: Wheat | | Yes | | | Yes | | | | | Yes | | | Yes | | |
| Sarti Spritz | | | | | | | | | | | | | Yes | | Yes | | |
| Peachello Spritz | | | | | | | | | | | | | Yes | | Yes | Yes | |

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